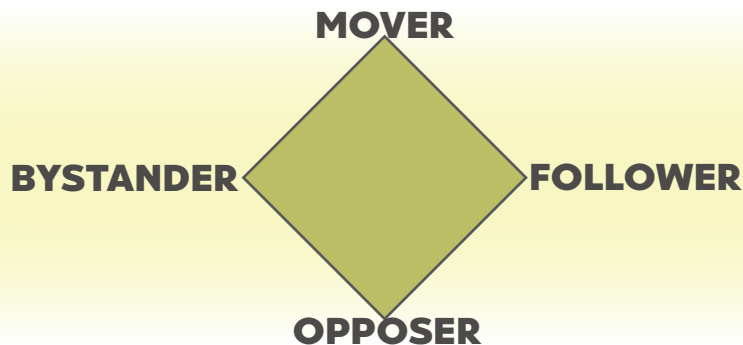




The Wounded Healers

CREATING TOGETHER



In the process of creating together, sometimes we need to:

- ◆ Simply go along with the energy of the interaction, sometimes to
- ◆ Step back and offer a broader perspective, sometimes to
- ◆ Offer new thinking, sometimes to
- ◆ Slow down or oppose the current direction of the exchange.

Creating together at a high level will requires that we be alert to these four primary modes of sharing.

The four “energies” or ‘moves’ that we find ourselves using at different times or stages of an interaction are:

MOVER, FOLLOWER, OPPOSER, and BYSTANDER.

As MOVER, you encourage the other(s) to move in a particular direction.

As FOLLOWER, you support a Mover.

As OPPOSER, you resist a movement and then possibly re-direct it by acting as a Mover.

As BYSTANDER, you attempt to play a neutral or facilitator role and mediate between the various energies.

*I believe in all that has never yet been spoken.
I want to free what waits within me
so that what no one has dared to wish for
may for once spring clear
without my contriving.*

*May what I do flow from me like a river,
no forcing and no holding back,
the way it is with children.*

The art of creating together is learning when and how to move

Based on the work of David Kantor, an American systems psychologist, organizational consultant, and clinical researcher.